



ST. KATERI'S RUN/WALK WITH THE SON FOR HAITI 5K

Saturday, December 6, 2014
Tabb, Virginia

Presenting
Sponsor



STARTING TIME AND PLACE

8:30 a.m. St. Kateri Tekakwitha Catholic Church
3800 Big Bethel Road, Tabb, VA 23693

Race Day Registration: 7:30 - 8:15 a.m.

COURSE

5K run through Running Man subdivision, adjacent to church

ENTRY (Make checks payable to St. Kateri)

Single \$25	Mail entry and payment to:
Student \$20	Nancy Martino
Family \$20 per person (submit entry form for each runner/walker)	19 Lee Ave. Poquoson, VA 23662

Online Registration also available at www.stkaterirun.com

No PTC race passes accepted at this event. No refunds, exchanges or transfers. Race held rain, snow or shine.
Runners and walkers are welcome

AWARDS

5K Men & Women: Top 3 overall, Top 3 Masters (40 yrs. plus)

Top 3 in Age Groups: 8 and under, 9-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over

Walkers: Top 3 Men and Top 3 Women

High School Challenge: Help make your school the first name on the HIGH SCHOOL CHALLENGE TROPHY (Top 5 runners from each school counted)

No official times after 45 minutes from start of race

Finish line results and race support provided by the Peninsula Track Club
www.pensinulatracclub.com

RACE INFORMATION:

Judy Townsend, Race Director

(757) 876-2417 Email: judy.townsend@verizon.net

RAFFLE AND SILENT AUCTION ON RACE DAY

St. Kateri's Run/Walk with the Son for Haiti 5K Registration

Please check one: Runner Walker

(please print) First Name _____ MI _____ Last Name _____

Street Address _____

City _____ State _____ Zip Code _____

Phone _____ Email _____

Age on Race Day _____ Date of Birth ____/____/____ Gender: M F PTC Member: Y N

Technical T-Shirt Size: Child: S M L

Ladies: S M L

Men's: S M L XL

High School (if entering challenge) _____

Runners Agreement Waiver, Release & Acknowledgment

All runners are required to sign the waiver below. Registrations that are not signed will not be processed.

I know that running a road race is a potentially hazardous activity. I should not enter a run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risk associated with running this event, including, but not limited to falls, contact with other participants, the effects of weather, including, high heat or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the York County, Peninsula Track Club, St. Kateri Tekakwitha Catholic Church, Road Runners Club of America, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. This is a road race conducted under the rules of RRCA and USATF; it is not intended for individuals with headphones, baby strollers, dogs on leashes, skateboards, skates or rollerblades.

Signature of Runner _____ Date _____

Signature of parent/guardian if runner is under 18 _____ Date _____